



## SENSORY QUESTIONNAIRE

Sometimes children have difficulty processing information that they receive from their environment. This can affect their performance with fine and gross motor skills.

Highlight the relevant letter and return the completed questionnaire to [info@kidsphysio.co.uk](mailto:info@kidsphysio.co.uk). Don't worry if you can't answer all the questions!

**A** Always  
**O** Often  
**S** Sometimes  
**R** Rarely  
**N** Never  
**N/A** Not applicable

### PROPRIOCEPTIVE SYSTEM

Does your child grasp items so tightly that it is difficult to use the object?	A	O	S	R	N	N/A
Does your child grasp items too loosely so it is difficult to use the object?	A	O	S	R	N	N/A
Does your child tire easily after sitting or lying in the same position for a while?	A	O	S	R	N	N/A
Does your child grind his teeth?	A	O	S	R	N	N/A
Does your child seek activities such as pushing, pulling, dragging lifting or jumping?	A	O	S	R	N	N/A
Does your child like giving bear hugs?	A	O	S	R	N	N/A
Does your child seem unsure of how far to raise or lower his body during movement, such as sitting down or stepping over an object?	A	O	S	R	N	N/A
Does your child tend to break toys?	A	O	S	R	N	N/A
Does your child chew on non-food objects?	A	O	S	R	N	N/A
Does your child have difficulty sitting erect, or choose to lie down instead of sitting up?	A	O	S	R	N	N/A
Compared with other children of the same age does your child seem to enjoy activities that involve jumping, pushing, pulling or falling?	A	O	S	R	N	N/A
Does your child seem generally weak?	A	O	S	R	N	N/A

## **TACTILE SYSTEM**

Does your child dislike going barefoot, not like to take his shoes off or insist on always wearing shoes?	A	O	S	R	N	N/A
Does your child pull away from light touch?	A	O	S	R	N	N/A
Does the feel of certain clothing irritate your child?	A	O	S	R	N	N/A
Does your child seem excessively ticklish?	A	O	S	R	N	N/A
Does your child seem to lack the normal awareness of being touched?	A	O	S	R	N	N/A
Does your child dislike wearing hats, sunglasses or other accessories?	A	O	S	R	N	N/A
Does it bother your child to have their finger/toe nails cut?	A	O	S	R	N	N/A
Does your child have a tendency to touch things constantly?	A	O	S	R	N	N/A
Do tags or collars on clothing bother your child?	A	O	S	R	N	N/A
Does it bother your child to have their face washed or touched?	A	O	S	R	N	N/A
Does your child seem to over/under react to injuries such as falls and knocks?	A	O	S	R	N	N/A
Does your child startle easily when touched unexpectedly?	A	O	S	R	N	N/A
Does your child avoid touching different textures?	A	O	S	R	N	N/A
Does your child appear to resist eating certain foods because of their texture?	A	O	S	R	N	N/A
Does your child avoid getting their hands in finger paint, paste, sand, grit, clay mud, glue etc.?	A	O	S	R	N	N/A
Does your child seek messy play activities?	A	O	S	R	N	N/A

## **VESTIBULAR SYSTEM**

Does your child rock whilst sitting?	A	O	S	R	N	N/A
Does your child seem excessively fearful of movement? eg. Going up or down stairs, swings, slides, other playground activities	A	O	S	R	N	N/A
Does your child get nauseous or vomit from movement experiences?	A	O	S	R	N	N/A
Does your child like to swing?	A	O	S	R	N	N/A
Does your child appear distressed when moved on moving equipment?	A	O	S	R	N	N/A
Does your child's head move along with his eyes in activities such as reading or playing a computer game?	A	O	S	R	N	N/A
Does your child have good balance?	A	O	S	R	N	N/A
Does your child get car sick	A	O	S	R	N	N/A

Does your child like fast spinning fair ground rides?	A	O	S	R	N	N/A
Compared with other children of their age, does your child seem to enjoy activities involving spinning, whirling, bouncing or tipping upside down?	A	O	S	R	N	N/A
Is your child sometimes unable to catch himself when falling?	A	O	S	R	N	N/A
Is your child fearful of activities involving movement through space?	A	O	S	R	N	N/A
Does your child get dizzy easily?	A	O	S	R	N	N/A

### **AUDITORY SYSTEM**

Is your child generally fearful of noises?	A	O	S	R	N	N/A
Does your child startle or become distressed by loud or unexpected sounds?	A	O	S	R	N	N/A
Does your child seem to hear sounds that other people tend not to notice?	A	O	S	R	N	N/A
Is your child bothered by loud background noise such as construction work or machinery?	A	O	S	R	N	N/A
Is your child bothered by sounds of any household or ordinary items? eg. vacuum cleaner, hair dryer, toilet	A	O	S	R	N	N/A
Does your child respond negatively, such as run away cry or hold his ears, to loud noises?	A	O	S	R	N	N/A
Is your child distracted by subtle sounds, such as fluorescent lights, refrigerators, heaters?	A	O	S	R	N	N/A
Does your child appear not to hear certain sounds?	A	O	S	R	N	N/A
Does your child have trouble understanding what people mean when they say something?	A	O	S	R	N	N/A
Does your child have difficulty remembering what is said to him/her?	A	O	S	R	N	N/A
Does your child ask others not to sing, talk, or make a noise?	A	O	S	R	N	N/A
Does your child make noise for noise sake?	A	O	S	R	N	N/A
Does your child seem confused as to the direction of sounds or where a sound is coming from?	A	O	S	R	N	N/A

### **GUSTATORY SYSTEM**

Does your child show definite preferences for certain tastes?	A	O	S	R	N	N/A
Does your child act as though all foods taste the same?	A	O	S	R	N	N/A
Does your child like almost all foods?	A	O	S	R	N	N/A
Does your child season food heavily, e.g. with excessive salt, ketchup or spices?	A	O	S	R	N	N/A

## **OLFACTORY SYSTEM**

Does your child react negatively to or dislike smells are not recognised as offensive by most people?	A	O	S	R	N	N/A
Does your child seem to have a very sensitive sense of smell?	A	O	S	R	N	N/A
Does your child have difficulty discriminating unpleasant odours?	A	O	S	R	N	N/A
Does your child appear not to notice, or ignore unpleasant or strong odours?	A	O	S	R	N	N/A
Does your child make excessive use of smell when encountering objects, places or people?	A	O	S	R	N	N/A
Does your child find bathroom odours and personal hygiene smells offensive?	A	O	S	R	N	N/A
Does your child mind the smell of soap or cologne?	A	O	S	R	N	N/A

## **VISUAL SYSTEM**

Does your child have trouble telling the difference between different printed figures that appear similar e.g. confusing b and d, x and +.	A	O	S	R	N	N/A
Is your child sensitive to or bothered by light (squints, cries, closes eyes etc.)?	A	O	S	R	N	N/A
Does your child have difficulty keeping their eyes on the task or activity at hand?	A	O	S	R	N	N/A
Is your child easily distracted by visual stimuli?	A	O	S	R	N	N/A
Does your child have trouble locating things lying on top of other things when of the same colour?	A	O	S	R	N	N/A
Does your child close one eye and / or tip their head back when looking at someone or something?	A	O	S	R	N	N/A
Does your child have difficulty with unusual visual environments e.g. bright colourful rooms or dimly lit rooms?	A	O	S	R	N	N/A
Does your child have difficulty focusing on things close?	A	O	S	R	N	N/A
Does your child lose their place on a page while reading, copying, solving problems, doing maths?	A	O	S	R	N	N/A
Does your child have difficulty following objects with their eyes?	A	O	S	R	N	N/A
Does your child have difficulty shifting their gaze from the black board to the paper when copying from the board?	A	O	S	R	N	N/A
Does your child have difficulty locating things when amidst a group?	A	O	S	R	N	N/A
Does your child have difficulty naming, discriminating or matching colours, shapes or sizes?	A	O	S	R	N	N/A